

# Innovative Practice in Elderly Care: Scotland

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# Reshaping Care for Older People

The Scottish Government policy Reshaping Care for Older People (or RCOP) has two aims:

- To redesign services and supports to ensure that they are sustainable for the future;
- To improve outcomes for older people.

Given the option, we know that people want to stay in their own homes and to have care that is personalised to their needs and preferences. This is reflected in the RCOP Policy Vision:



*“Older people are valued as an asset, their voices are heard and they are supported to enjoy full and positive lives in their own home or in a homely setting.”*



To show how this vision will be achieved, RCOP lays out a Programme for Change over the next 10 years. This programme promotes developments such as **community capacity building** and new models of care that shift the provision away from institutional care and towards care at home.



- Shift attitudes towards older people – so that older people are valued as an asset and treated with dignity;
- Shift approaches to care and support – so that the focus is on the outcomes that people want;
- Share learning and good practice more readily and more often – so that health and social care service work together more effectively; and
- Broaden our view of the kind of services and support that people might want.



**The vision:** *“Self-directed support should become the mainstream approach to the delivery of personal support...every person eligible for statutory services should be able to make a genuinely informed choice and have a clear and transparent allocation of resources allowing them to decide how best to meet their needs. The choice should be available to all but imposed on no-one.”*



# Care Strategy for Scotland

**The vision:** *“to ensure that carers are supported to manage their caring responsibilities with confidence and in good health, and to have a life of their own outside of caring”*



# National Dementia Strategy

**The vision:** *“People who have dementia and those who care for them are entitled to dignity and respect and should be able to access services that provide support, care and treatment in a way that meets their personal needs.”*





# Dementia Champions

Scotland's National Dementia Strategy was launched in June 2010 and outlines key actions to improve the knowledge and skills of staff working in health and social care to enable them to work with people with dementia and their families and carers.



# Dementia Champions

The Dementia Champions Programme forms part of wider initiatives to support improvements in the care and treatment of people with dementia admitted to or at risk of admission to general hospital settings including the establishment of Alzheimer Scotland Nurse Consultants/Specialists in NHS Scotland Boards.



# Dementia Champions

It is a model which has been disseminated widely and positively evaluated in Western Australia and the UK, as well as a small number of programmes delivered in NHS Scotland.



# User and Carer Involvement

The approach emphasizes the strengths, capacity and resilience of individuals, builds upon natural support systems and includes consideration of wider community based resources.





# The Future



HNC Care & Administrative Practice



# The Future

- Integrated care
- Person centred Care
- Promoting independence

**Amy Dempster**





Thank you for listening.

Thanks to HNC Care & Administrative Practice students.

Terrienne Williamson, Maria Strain and Amy Dempster

And most importantly to Sirje and ECVET for welcoming:  
Jim, Rosemary and Eileen to Finland.

